



# Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up

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**Abstract** (J Korean Assoc Oral Maxillofac Surg 2023;49:324-331)

**Objectives:** The purpose of this study was to evaluate the outcomes of implants placed in horizontally augmented alveolar ridges using porcine bone grafts and to investigate the long-term stability of the porcine bone grafts.

**Materials and Methods:** A retrospective analysis was conducted on 49 sites that underwent horizontal ridge augmentation using porcine bone grafts and implant placement with a follow-up period longer than 5 years. Furthermore, additional analysis was conducted on 24 sites where porcine bone grafts were used exclusively for horizontal ridge augmentation and implant placement.

**Results:** The mean follow-up period after prosthesis loading was 67.5 months, with a mean marginal bone loss of 0.23 mm at 1 year and a cumulative mean marginal bone loss of 0.40 mm over the entire follow-up period. Of the 49 implants, 2 were lost and 3 did not meet the success criteria, resulting in a survival rate of 95.9% and a success rate of 89.8%. In 24 sites, the mean marginal bone loss was 0.23 mm at 1 year and 0.41 mm at 65.8 months, with 100% survival and success rates.

**Conclusion:** Porcine bone grafts can be successfully used in horizontal ridge augmentation for implant placement in cases of ridges with insufficient horizontal width.

**Key words:** Bone transplantation, Alveolar bone augmentation, Dental implant

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## I. Introduction

Dental implants, which are widely utilized for replacement of missing teeth, represent a stable and reliable treatment option. However, in many cases, implant placement in the appropriate location is limited due to insufficient alveolar bone volume caused by factors such as post-extraction bone resorption, periodontal diseases, and trauma. For long-term stability of implants, a minimum bone width of 1 mm is required in both the buccal and lingual aspects and if the alveo-

lar bone width is insufficient, additional bone grafting procedures such as guided bone regeneration (GBR), horizontal ridge augmentation, ridge splitting osteotomy, and horizontal onlay block bone grafting are necessary<sup>1</sup>.

Autogenous bone grafts, commonly employed for bone volume augmentation, are considered the gold standard due to their osteogenic, osteoinductive, and osteoconductive properties. However, they have disadvantages such as complications at the donor site, limited availability of graft material, and unpredictable graft resorption. Therefore, alternative substitutes such as allografts, xenografts, and synthetic bone substitutes are commonly utilized. In particular, xenografts derived from bovine, porcine, or equine bone are widely used due to their abundant availability, reduced risk of complications associated with graft harvesting from the donor site, and excellent osteoconductive properties<sup>2-4</sup>. Extensive clinical studies have been conducted on bovine bone grafts, which are the oldest and most widely used of all xenograft materials. In cases of ridge augmentation and maxillary sinus

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floor augmentation using bovine bone graft materials, long-term bone stability similar to that of autogenous bone at more than 5 years has been confirmed<sup>5,8</sup>. Histologically, porcine bone exhibits structural similarities to human bone and has a porosity and surface area similar to that of bovine bone<sup>9,10</sup>. During the 4-month observation period after tooth extraction and socket grafting, porcine bone grafts exhibited histologically and radiographically similar bone formation to bovine bone grafts<sup>3,11</sup>. In the 6-month observation period after maxillary sinus floor augmentation using bone grafts, porcine bone grafts demonstrated similar bone formation and volume stability to bovine bone grafts<sup>3,11,12</sup>. In addition, when simultaneous implant placement and GBR were performed in alveolar ridges with severe horizontal atrophy, porcine bone grafts demonstrated a similar increase in alveolar bone width after 6 months, comparable to that of bovine bone grafts<sup>13</sup>. However, there is a lack of clinical studies on the long-term outcomes of implants placed with porcine bone grafting. Furthermore, most of these studies are limited to maxillary sinus floor augmentation or socket preservation, and there is a scarcity of studies investigating the long-term stability and effectiveness of porcine bone grafts in horizontal ridge augmentation<sup>14-17</sup>.

The purpose of this retrospective study is to evaluate the clinical and radiographic results of implants placed in horizontally augmented alveolar ridges using porcine bone grafts and to investigate the long-term stability and effectiveness of the porcine bone grafts through a follow-up period longer than 5 years.

## II. Materials and Methods

This study was conducted under the approval of the Institutional Review Board of Seoul National University Bundang Hospital (IRB No. B-2208-774-114). The study was conducted on patients who underwent bone grafting procedures using porcine bone grafts (The Graft; Purgo Biologics) performed by a single oral and maxillofacial surgeon at Seoul National University Bundang Hospital between 2014 and 2017. All patients included in the study presented with horizontal bone defects and underwent horizontal ridge augmentation and implant placement simultaneously. The prosthetic restoration was completed by two prosthodontists at a mean of 8.9 months after implant placement. After prosthesis loading, the patients were observed at regular intervals of 1 year.

The patient inclusion criteria are as follows: (1) Horizontal bone volume deficiency at the implant placement site, (2) simultaneous implant placement with horizontal ridge aug-

mentation using porcine one graft, with a follow-up period of more than 5 years, and (3) age over 20 years.

The patient exclusion criteria are as follows: (1) Alcohol addiction or heavy smoking (more than 10 cigarettes per day), (2) severe periodontal disease unresponsive to periodontal treatment, (3) uncontrolled diabetes or hypertension, (4) severe liver or kidney disease, and (5) head and neck radiation therapy.

Two other dentists who were not involved in the surgery conducted the investigation of the research data. Using medical records and periapical radiographs, they analyzed sex, age, smoking status, location of bone grafting and implant placement, use of other bone graft materials, use of barrier membrane, diameter and length of implant, type of prosthesis, period from implant placement to completion of prosthesis, follow-up period after completion of prosthesis, implant stability, marginal bone loss at 1 year after prosthesis loading and at the time of final observation, survival and success rates, and complications. For a subset of 24 implants using only porcine bone grafts, an additional analysis was conducted to assess marginal bone loss, survival and success rates, and complications.

Implant stability quotient (ISQ) measured by Osstell Mentor (Osstell) was used to determine the stability of the implant. Primary stability was measured immediately after implant placement and secondary stability was measured at the time of the second surgery in which a healing abutment was connected or at the time of impression for prosthesis.

Operation-related complications, including nerve damage, infection, and maxillary sinus membrane perforation, were investigated. Also, postoperative complications, such as fever, delayed bleeding, hematoma, exudate, pain, cyst, paresthesia, exposure of barrier membrane and graft material due to wound dehiscence, postoperative infection, maxillary sinusitis, marginal bone loss, graft material loss, implant fixture exposure, implant fixture fracture, failure of osseointegration, and implant loss were investigated.

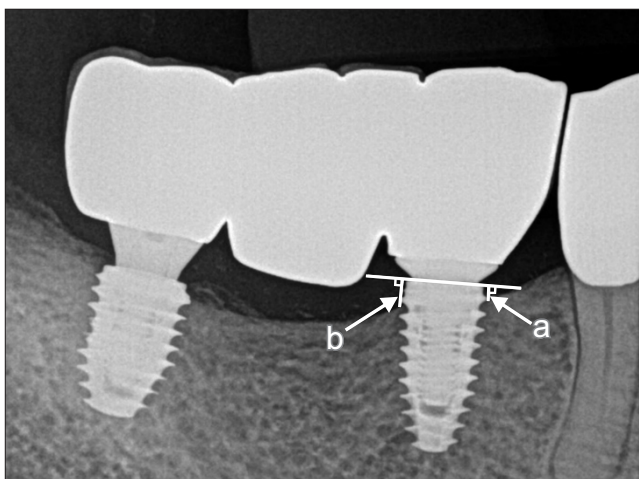
Marginal bone loss was assessed by measuring the marginal bone level on the periapical radiographs at the time of prosthesis completion, 1 year after prosthesis loading, and at the final observation and calculating the difference. The marginal bone level was measured from the implant shoulder to the mesial and distal uppermost point where the implant and bone contact, and the mean value was calculated. (Fig. 1) Periapical radiographs were obtained using OC100 CR (Instrumentarium Imaging) and Heliodont DS (Sirona) with parallel techniques, and the marginal bone level was measured

using INFINITT PACS 3.0 software (INFINITT Healthcare).

The success of the implants was determined according to the following success criteria suggested by Albrektsson et al.<sup>18</sup>: (1) No movement of the implant, (2) no radiolucent lesion around the implant, (3) no symptoms such as pain, discomfort, or infection, (4) bone loss less than 0.2 mm every year after the first year of prosthesis function and of less than 1.5 mm during functional loading. Implant survival was defined as the presence of the implant in the oral cavity at the final observation, meeting criteria (1), (2), and (3) but not meeting criterion (4).

### 1. Surgical procedure

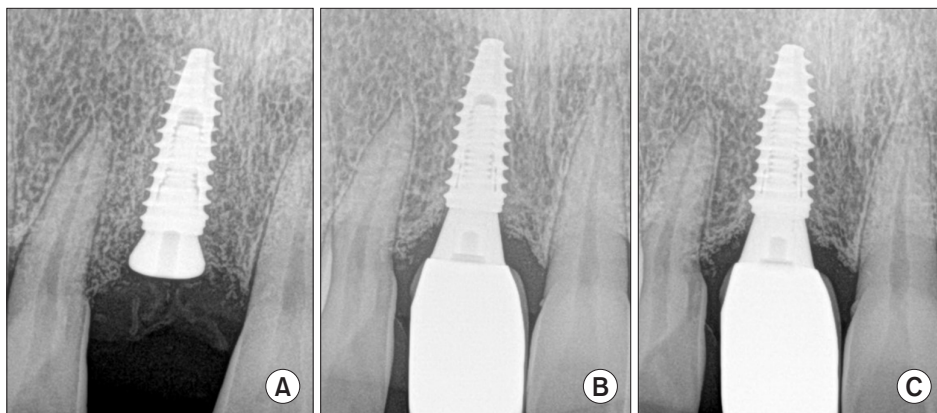
All patients were instructed to take 2 tablets of 500 mg



**Fig. 1.** Measurement of marginal bone level. a: Shoulder to mesial contact point (mm), b: Shoulder to distal contact point (mm). The mean of a and b was the marginal bone level.

*Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. J Korean Assoc Oral Maxillofac Surg 2023*

cephalosporin (Mesexin; Hanlim Pharm.), 1 tablet of 500 mg nonsteroidal anti-inflammatory drug (Naxen; Chong-KunDang Pharm.), and 1 tablet of 60 mg mucosal protectant (Stillen; Dong-A ST) and perform oral cavity disinfection with 0.12% chlorhexidine gargle (Heaxamedine; Bukwang Pharm.) twice a day, starting one day before the surgery. Immediate preoperative intraoral disinfection was performed using chlorhexidine gargle for 2 minutes, and the surgery was performed under local anesthesia with 2% lidocaine with epinephrine (1:100,000). Through crestal and releasing incisions, a full-thickness flap was elevated and the alveolar bone was exposed. In cases where the operator judged that the width of the exposed alveolar ridge was too narrow, ridge splitting was performed selectively according to the method described in other studies<sup>19</sup>. Titanium implants were placed at the bone level according to the manufacturer’s instructions, following the planned length as assessed by preoperative evaluation using cone-beam computed tomography (CBCT). The buccal cortical bone was decorticated with a 2-mm burr, and the porcine bone grafts were placed on the buccal side of the defect. When a significant amount of bone grafting was required due to severe bone defect, a combination of autogenous tooth bone graft materials (Auto BT; Korea Tooth Bank) and allografts was used. In cases where a significant amount of bone grafts was used, all graft materials were covered with a resorbable collagen membrane at the operator’s discretion. The mucoperiosteal flap was sutured without tension, and the sutures were removed 7-10 days later. The patients were instructed to take Mesexin, Naxen, and Stillen as previously described for 5 days after the surgery, maintain oral hygiene using 0.12% chlorhexidine gargle twice a day for 2 weeks, and follow a soft diet during that period. After a mean of 8.9 months following implant placement, crown or bridge prosthesis was delivered.(Fig. 2)



**Fig. 2.** Radiographic results of implant placed in horizontally augmented ridge using porcine bone grafts. A. Immediately after the operation. B. Immediately after the prosthetic restoration. C. Final follow-up.

*Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. J Korean Assoc Oral Maxillofac Surg 2023*

**Table 1.** Demographics of the patients

Variable	Value
No. of patients	28
Age (yr)	61.1±14.2 (26-85)
Sex	
Male	13 (46.4)
Female	15 (53.6)
Smoking habits	
Non-smoker	25 (89.3)
Smoker	3 (10.7)
No. of implants	49
No. of implants per patient	1.8±1.1 (1-6)
Site	
Maxilla anterior (incisor-canine)	11 (22.4)
Maxilla posterior (1st premolar-2nd molar)	13 (26.5)
Mandible anterior (incisor-canine)	5 (10.2)
Mandible posterior (1st premolar-2nd molar)	20 (40.8)
Follow-up period after functional loading (n=47) (mo)	67.5±10.3 (53.7-86.9)

Values are presented as number only, mean±standard deviation (range), or number (%).

Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. *J Korean Assoc Oral Maxillofac Surg* 2023

## 2. Statistical analysis

Statistical analysis was performed using PASW Statistics software (ver. 18; IBM). The Mann–Whitney test was performed to examine whether there was a significant difference in marginal bone loss according to the use of barrier membrane and mixed bone grafts, and log-rank test was performed to examine whether there were significant differences in survival and success rates according to the use of barrier membrane and mixed bone grafts. In 24 cases where porcine bone grafts were used exclusively, the Mann–Whitney test was performed to examine whether there was a significant difference in marginal bone loss according to the use of barrier membrane. A statistical significance level of 95% was used.

## III. Results

In a group of 28 patients (13 males and 15 females) with a mean age of 61.1±14.2 years, bone grafting using porcine bone grafts and implant placement were performed in 49 sites. A mean of 1.8±1.1 implants were placed per patient, and the mean follow-up period after prosthesis loading was 67.5±10.3 months.(Table 1)

Of the 49 sites, ridge splitting was performed in 6 sites where the alveolar ridge was too narrow to accommodate implant placement. In 25 sites (51.0%), a combination of porcine bone grafts and other graft materials such as autogenous tooth bone graft materials (Auto BT) and allografts was used.

**Table 2.** Characteristics of bone grafting and implant placement

Variable	Value
Use of other bone graft materials	
Graft only	24 (49.0)
Graft+Auto BT <sup>1</sup>	5 (10.2)
Graft+allograft	14 (28.6)
Others <sup>2</sup>	6 (12.2)
Use of barrier membrane	
Yes (resorbable collagen membrane)	32 (65.3)
No	17 (34.7)
Size of implant (mm)	
Diameter of implant	4.2±0.6 (2.5-5.0)
Length of implant	9.3±1.8 (7.0-14.0)
Period from implant placement to prosthesis completion (n=47) (mo)	8.9±3.2 (3.5-14.9)
Type of prosthesis, n (valid %)	
Crown	23 (48.9)
Bridge	24 (51.1)

<sup>1</sup>Auto BT: autogenous tooth bone graft material. <sup>2</sup>Other grafting materials were used at different stages of the procedure.

Values are presented as number (%) or mean±standard deviation (range).

Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. *J Korean Assoc Oral Maxillofac Surg* 2023

In 32 sites (65.3%), a resorbable collagen barrier membrane was utilized. By site, 11 implants (22.4%) were placed in the maxillary anterior region, 13 implants (26.5%) in the maxillary posterior region, 5 implants (10.2%) in the mandibular anterior region, and 20 implants (40.8%) in the mandibular posterior region. The final prosthesis was delivered a mean of 8.9±3.2 months after implant placement.(Table 2)

The mean primary stability of the implants was measured at 72.1±8.9 ISQ, while the mean secondary stability was measured at 76.9±10.8 ISQ. Compared to the time of prosthesis delivery, there was a marginal bone loss of 0.23±0.36 mm during the first year after prosthesis loading; throughout the mean follow-up period of 67.5 months, there was a marginal bone loss of 0.40±0.45 mm. During the follow-up period of up to 86.9 months, 2 of 49 implants were lost (survival rate of 95.9%), and 3 implants survived but showed significant marginal bone loss, failing to meet Albrektsson's criteria (success rate of 89.8%). There was no significant difference in the amount of marginal bone loss according to the use of barrier membrane and mixed bone grafts ( $P>0.05$ ). Additionally, correlation analysis between the use of barrier membrane and mixed bone grafts and the survival rate and success rate showed a significant correlation only between the use of mixed bone grafts and the success rate (log-rank test  $P$ -value=0.022).(Table 3)

In 5 sites in 2 of 28 patients, operation-related complications or postoperative complications occurred.(Table 4) In all 5 sites, complications occurred during or immediately after

**Table 3.** Marginal bone loss, survival rate, success rate

	Marginal bone loss (mm) <sup>1</sup>		Survival rate (%) <sup>2</sup>	Success rate (%) <sup>2</sup>	Follow-up period after prosthesis completion (mo) <sup>1</sup>
	1 Year	Final			
All (n=49)	0.23±0.36	0.40±0.45	95.9±2.8	89.8±4.3	67.5±10.3
Barrier membrane					
Used (n=32)	0.24±0.40	0.43±0.47	93.8±4.3	84.4±6.4	67.2±10.5
Not used (n=17)	0.23±0.30	0.36±0.42	100.0±0.0	100.0±0.0	68.0±10.3
Other grafting material					
Used (n=25)	0.24±0.45	0.39±0.54	92.0±5.4	80.0±8.0*	69.2±10.5
Not used (n=24)	0.23±0.26	0.41±0.35	100.0±0.0	100.0±0.0*	65.8±10.0

\*P<0.05; statistically significant difference (P=0.022).

Values are presented as <sup>1</sup>mean±standard deviation or <sup>2</sup>mean±standard error.

Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. J Korean Assoc Oral Maxillofac Surg 2023

**Table 4.** Overview of complications

Patient No.	Site	Other grafting material used	Operation-related complications	Postoperative complications	Implant prognosis
1	#32	Allograft	Infection	Failure of osseointegration	Loss
	#42	Allograft	Infection	Failure of osseointegration	Loss
2	#13	Allograft	Infection	Marginal bone loss, implant fixture exposure	Survival
	#21	Others <sup>1</sup>	Infection	Marginal bone loss, implant fixture exposure	Survival
	#23	Others <sup>1</sup>	Infection	Marginal bone loss	Survival

<sup>1</sup>Other grafting materials were used at different stages of the procedure.

Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. J Korean Assoc Oral Maxillofac Surg 2023

**Table 5.** Differences in marginal bone loss of implants placed in horizontally augmented ridge using only porcine bone-derived grafting material depending on use of collagen membrane

	Without collagen membrane (n=12)	With collagen membrane (n=12)	Mann-Whitney test for equality of means
Marginal bone loss (mm)			
1 Year	0.29±0.32	0.18±0.18	0.443
Final	0.44±0.47	0.38±0.18	0.843
Success rate (%)	100	100	

Values are presented as mean±standard deviation or % only.

Jin-Won Choi et al: Horizontal ridge augmentation with porcine bone-derived grafting material: a long-term retrospective clinical study with more than 5 years of follow-up. J Korean Assoc Oral Maxillofac Surg 2023

the surgery and showed a causal relationship that led to long-term complications at the time of prosthesis loading. These complications included 2 cases of osseointegration failure caused by infection and 3 cases of marginal bone loss caused by infection. The 2 cases that were lost were complex cases involving ridge splitting, and they experienced infection leading to osseointegration failure. The 3 cases that failed with significant marginal bone loss were also associated with invasive surgery involving ridge splitting, and they also experienced infection.

In 24 sites in 15 patients, implant placement was performed along with horizontal ridge augmentation using only porcine

bone grafts. Compared to the time of prosthesis delivery, there was a marginal bone loss of 0.23±0.26 mm during the first year after prosthesis loading; throughout the mean follow-up period of 65.8 months, there was a marginal bone loss of 0.41±0.35 mm. In the comparison between the group using resorbable collagen membrane (12 cases) and the group not using it (12 cases), there was slightly more marginal bone loss in the group without the membrane, but there was no statistically significant difference (P>0.05). Regardless of the use of the barrier membrane, all 24 implants survived during the follow-up period of up to 85.4 months (100% survival rate) and met the success criteria of Albrektsson et al.<sup>18</sup> (100% success rate).(Table 5)

#### IV. Discussion

Throughout the entire sample, there was a marginal bone loss of 0.23 mm during the first year after prosthesis loading, and throughout the mean follow-up period of 67.5 months, there was a marginal bone loss of 0.40 mm. The 24 implants that were placed with horizontal ridge augmentation using only porcine bone grafts and no other bone graft material showed a marginal bone loss of 0.23 mm during the first year after prosthesis loading and 0.41 mm of marginal bone loss throughout the mean follow-up period of 65.8 months, indi-

cating a similar amount of marginal bone loss to the previous outcomes. According to our investigation, while no previous studies have specifically evaluated long-term outcomes of implants placed in horizontally augmented ridges using porcine bone grafts, other studies using a mixture of autogenous bone and bovine bone grafts in horizontal ridge augmentation reported marginal bone loss ranging from 0.2-0.3 mm during 1-2 years of follow-up and 0.3 mm during a 3-year follow-up period after implant placement<sup>20,21</sup>. This confirmed the similar levels of marginal bone loss observed in this study. In most cases, no significant amount of marginal bone loss was observed, indicating that porcine bone grafts are predictable grafting materials for horizontal ridge augmentation.

Throughout the mean follow-up period of 67.5 months, only 2 of 49 implants were lost (survival rate of 95.9%) and 3 implants survived but exhibited significant marginal bone loss, failing to meet the success criteria of Albrektsson et al.<sup>18</sup> (success rate of 89.8%). In other studies, a mixture of autogenous bone and bovine bone grafts was used in horizontal ridge augmentation for implant placement, and the survival rate ranged from 95.9% to 100% over 3 years of follow-up<sup>21,22</sup>. Additionally, Le and Borzabadi-Farahani<sup>23</sup> reported a survival rate of 98.1% after 3 years of follow-up after bone grafting in buccal bone defects using allografts, and Mordenfeld et al.<sup>20</sup> reported a survival rate of 94.4% to 100% and a success rate of 91.7% to 97.1% over 2 years of follow-up after horizontal ridge augmentation using autogenous bone and bovine bone grafts. Considering the longer follow-up period in this study, the use of porcine bone grafts in horizontal ridge augmentation demonstrated implant survival and success rates similar to those of other bone graft materials. In the 24 implants placed with horizontal ridge augmentation using only porcine bone grafts and no other bone graft materials, no complications, including severe marginal bone loss, were observed and all implants showed successful long-term outcomes. The higher survival and success rates in this group compared to the overall sample may be attributed to the lack of standardization in conditions and parameters across the study and the more frequent use of mixed bone grafts in complex and challenging cases that required extensive bone augmentation.

The most common complication observed in this study was infection. In 2 of 28 patients, infections occurred in 5 sites, serving as the cause for the failure or loss of all affected implants. All 5 sites were challenging cases where ridge splitting was performed and mixed bone graft materials were used due to severely constricted alveolar ridges. It is possible that

the infection was caused by contamination during the surgical procedure, wound dehiscence due to lack of intact primary closure, or inadequate postoperative oral hygiene management rather than by the type of bone graft material.

In both samples of this study, no significant difference was found in marginal bone loss according to the use of barrier membranes, consistent with the study by Gielkens et al.<sup>24</sup> that reported a lack of evidence supporting the preventive effect of barrier membranes on marginal bone loss. Although no statistically significant differences were found in the entire sample, survival and success rates were lower when barrier membranes were used and implant survival rate was lower when mixed bone grafts were used. Furthermore, when mixed bone grafts were used, the success rate was significantly lower. Barrier membrane and mixed bone graft materials were utilized in cases with extensive bone defects that required significant bone grafting, increasing the surgical invasiveness, and it is thought that this influenced the outcomes. Therefore, future studies with larger sample sizes and controlled experiments are needed to investigate the effects of barrier membranes and mixed bone graft materials in horizontal ridge augmentation on marginal bone loss, implant survival rate, and success rate. On the other hand, in samples where only porcine bone grafts were used without other mixed bone graft materials, there was no significant difference in marginal bone loss according to the use of barrier membranes, and 100% survival and success rates were observed. These highly favorable outcomes, regardless of the use of barrier membranes, can be attributed to the fact that the sole use of porcine bone grafts was primarily employed in small defects.

This study has several limitations as it is a retrospective observational study. First, it was not a completely controlled study, and conditions such as use of mixed bone graft materials, use of barrier membranes, length and diameter of implant not being unified, and insufficient sample size for each condition were shortcomings. In addition, this study targeted patients who underwent horizontal ridge augmentation; however, it had a limitation in that only vertical bone loss was measured as a radiographic parameter and changes in horizontal bone width were not examined. To assess changes in horizontal bone width, CBCT imaging would be necessary, but since the radiation dose could not be justified for CBCT on annual follow-up, the evaluation of horizontal changes was substituted with clinical assessment of buccolingual soft tissue contour changes. Last, the change in depth of the periodontal pocket could not be assessed as only cases with

a probing depth exceeding 5 mm were recorded according to the implant success criteria of Karoussis et al.<sup>25</sup>.

Nevertheless, this study holds significance as it is, to the best of our knowledge, the first investigation to assess the long-term outcomes of implants placed in horizontally augmented ridges using porcine bone grafts, with a follow-up period longer than 5 years. In this study, the stability and efficacy of porcine bone grafts in horizontal ridge augmentation were confirmed, indicating their potential as an alternative to autogenous bone and other bone graft materials. The most significant cause of implant failure/loss was infection, highlighting the importance of preventive measures and management of infections. Unless complex cases requiring significant bone augmentation are involved, long-term stable outcomes can be achieved using porcine bone grafts alone without barrier membranes.

## V. Conclusion

With careful attention paid to infection prevention, porcine bone grafts can be successfully used for long periods in horizontal ridge augmentation for implant placement in horizontally narrow alveolar ridges. Even with the use of porcine bone grafts alone in simultaneous horizontal ridge augmentation and implant placement, a small amount of bone loss and long-term stable prognosis are shown regardless of the use of barrier membranes.

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## Authors' Contributions

J.W.C. and S.S.H. are co-first authors and they contributed to this work equally. Y.K.K. performed the assessments and surgeries of all implants in the study. J.W.C., S.S.H., and Y.K.K. collected, analyzed study data and designed the study. J.W.C. performed all analyses and contributed to the data analysis strategy and wrote the manuscript. S.S.H., P.Y.Y., and Y.K.K. contributed to the interpretation of results and write-up of the manuscript. S.S.H. and Y.K.K. revised the manuscript. All authors read and approved the final manuscript.

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## Ethics Approval and Consent to Participate

The study was performed in accordance with the guidelines of the Helsinki Declaration (2013), protecting the participants' anonymity, privacy and maintaining public confidence. The study was approved by the Institutional Review Board of Seoul National University Bundang Hospital (IRB No. B-2208-774-114), and the need for informed consent was waived due to the retrospective nature of the study.

## Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

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